



# **ISCF**

## **International Sport Combat Federation**



### **The ISCF Mission...**

***"Safety, Credibility, Fairness, Recognition, Support & Unification  
Of Fight Sports Around The World"***

*"The goal of the International Sport Combat Federation is to regulate safe and fair rules and regulations and help provide exposure and opportunities for local, regional, national and international competition among amateur fighters, trainers, promoters and officials. We will, through adherence to and enforcement of these rules and regulations, strive to make competitive fighting a safe and fair sport as we continue to help bring exposure to and enhance the present as well as the future of the sport we serve."*

**Steve Fossum, President International Sport Combat Federation**

**International Sport Combat Federation - ISCF**  
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### WHAT IS THE ISCF?

The ISCF was the first ever Sanctioning/Regulatory Body for Mixed Martial Arts (MMA) and the Largest Neutral Sanctioning Body (In terms of number of sanctioned events) in the World.

Other than the annual ISCF Amateur World Classic (The Golden Gloves of MMA)

The ISCF does not Promote events and is NOT a Promotional Company.

The ISCF is a "Sanctioning Body" for Mixed Martial Arts (MMA) events just like other sanctioning bodies for fight sports (Kickboxing: IKF, ISKA, WKA, USKBA etc. - Boxing: WBC, IBF, WBC etc.).

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## Where Does Or Has The **ISCF** Sanctioning Events?

1. Alabama
  2. Arizona
  3. Arkansas
  4. California
  5. Colorado
  6. Delaware
  7. Florida
  8. Georgia
  9. Idaho
  10. Illinois
  11. Indiana
  12. Iowa
  13. Kansas
  14. Louisiane
  15. Michigan
  16. Minnesota
  17. Missouri
  18. Montana
  19. Nebraska
  20. Nevada
  21. New Jersey
  22. New Mexico
  23. New York
  24. North Dakota
  25. Ohio
  26. Oklahoma
  27. South Carolina
  28. South Dakota
  29. Tennessee
  30. Virginia
  31. Washington DC
  32. Wisconsin
  33. Wyoming
- 

The **ISCF** has also sanctioned MMA events outside the USA in the following countries;

1. Australia
2. Canada
3. China
4. England
5. India
6. Iraq (*US Armed Forces Event*)
7. Mexico
8. Myanmar
9. Russia
10. Scotland
11. South Africa
12. Wales



# ISCF JUNIOR AMATEUR MMA RULES AND REGULATIONS

## Written Rules, Policies Or Procedures Which Govern The Events, Participants, Members & Conduct Of The ISCF

### ISCF JUNIOR AMATEUR MMA FIGHTER REQUIREMENTS

1. **MEDICALLY FIT**
  - o **SEMI CONTACT JUNIOR MMA (AGES 8-13):** Every Fighter that is to participate in an **ISCF** Sanctioned bout must be PRE Approved "*Medically Fit*" by an EMT, Nurse or the Event Doctor (MD) who completes their Pre Fight Physical. If not, the fighter will not be allowed to fight.
2. **MEDICALLY FIT**
  - o **JUNIOR MMA (AGES 13 -17):** Every Fighter that is to participate in an **ISCF** Sanctioned bout must be PRE Approved "*Medically Fit*" by an EMT, Nurse or the Event Doctor (MD) who completes their Pre Fight Physical. If not, the fighter will not be allowed to fight.
3. **FIGHTERS RULES MEETING**
  - o All fighters are required to attend the pre-fight rules meeting held the day of or the day before all **ISCF** bouts/events. Such meeting will be conducted by the **ISCF** Referee and/or **ISCF** Event Representative.
4. **FIGHTER PHYSICAL**
  - o All fighters are required to receive a Pre Fight Physical from an EMT, Nurse or Event Doctor (MD) prior to their match.
  - o ANY Fighter found to be medically unfit in any way after the Pre Fight Physical shall not be allowed to compete until any such medical condition is confirmed healed by an EMT, Nurse or Event Doctor (MD).
5. **FIGHTER MINIMUM AGE**
  - o Fighters must be a minimum of 8 years old.
  - o All "JUNIOR" Fighters (8-17) will be required to show a copy of their Birth Certificate to the **ISCF** Event Representative for confirmation of their name and age at the event weigh-ins.
6. **AMATEUR STATUS**
  - o All Fighters must be Licensed and Registered with the **ISCF**.
  - o ALL Fighters are required to complete an AMATEUR Fighter Confirmation Form at the event weigh-ins and hand to the **ISCF** Event Representative for legal proof of their Amateur Status..
7. **WOMEN**
  - o A Female Fighter will not engage in a contest with a male combatant.
  - o A Female Fighter must sign the **ISCF** Amateur Confirmation Form certifying that she is not pregnant.
  - o A Female Fighter must sign the **ISCF** Amateur Confirmation Form certifying that the contest will not take place during a menstrual period.
8. At all times during the match, all fighters shall obey the referee.
9. All fighters are required to act with proper sportsmanship at all times, and to obey the **ISCF** rules and regulations, at all times, and in all ways connected with the match.
10. Fighters may not train under the influence of any illegal drug, or legal drug used illegally.
11. Fighters must report any and all medication that they are taking to the match physician prior to the bout.
12. If a fighter is under the influence of alcohol or any stimulant, or is taking any narcotic or other medication, which the match physician determines would endanger the fighter or his opponent, he/she will not be allowed to compete.
13. The use of BenGay, IcyHot, and other such sports creams is **Prohibited!**



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## ISCF JUNIOR AMATEUR MMA FIGHTERS CLOTHING AND EQUIPMENT

All competitors will be examined for contagious skin conditions, trimmed nails and open wounds prior to competition.

### 1. DRESS CODE

- Permissible apparel for the fighters shall include:
  - Fighters must wear SHORTS ONLY - NO Pants!
  - Shorts Can NOT have any "grips" on the inside of legs.
  - Shorts Can NOT have any metal or sharp – solid objects as part of them.
  - Approved Shorts Include
    - Grappling Style Shorts, Board Shorts, Fight Shorts, Wrestling Singlets
    - Buttons, zippers, metal or sharp objects are not allowed on clothing.
    - Shorts may have pockets as long as they are Velcro.
  - Competitors may compete in traditional martial arts/wrestling attire, T-shirt and shorts or bare chest.
  - Rash Guards are allowed.
  - Any combination of the foregoing, and/or any other clothing approved by the ISCF referee who may require such apparel to be taped or otherwise secured to ensure its stability during the match.
- Under no circumstances shall apparel or equipment which includes metallic and/or hard plastic and/or any edge or surface which could cause extraneous injury to the fighters be allowed.
- **FEMALE / GIRLS:** ALL Female fighters must wear ISCF approved form fitting breast support protection. (Sports Bra) Supports may not have brace, metal or hard material of any kind.

### 2. GLOVES: Fighters are required to wear ISCF approved gloves.

- May not wear a Glove Smaller than "7" ounces.
- Gloves are required to be taped to the fighter to ensure their stability during the bout.

### 3. GROIN CUP: Male Fighter's are required to wear an ISCF approved protective groin cup during all matches.

### 4. MOUTHPIECE

- Fighters are required to wear an ISCF approved mouthpiece at all times while the bout is in progress.
- It is strongly recommended that all Fighters have two (2) form fitted mouthpieces available for use in their bouts.
- The round cannot begin if the mouthpiece is not inside the Fighters mouth and set in place.
- The mouthpiece must be inside the Fighters mouth and properly set at all times during the bout.
- Dislodged Mouthpiece: If the mouthpiece is dislodged during the bout, the referee will wait until the first opportune moment, without interfering with the action, call time out, and have the mouthpiece replaced.
- **POSSIBLE POINT DEDUCTIONS:** At referee discretion, points may be deducted or a DQ rendered in the following;
  - When the mouthpiece is not being properly kept inside of the Fighters mouth.
  - When the mouthpiece is purposely spit out by the Fighter.
  - When the Fighters corner fails to make sure the Fighter mouthpiece is in place or delays in placing the mouthpiece after it falls out OR at the beginning of a round.

### 5. SHOES: Wrestling and or Martial Arts shoes are NOT allowed.

### 6. BODY EQUIPMENT: Fighter may wear ISCF approved shin, instep, elbow, and/or knee supports and/or pads. Must be approved by the ISCF Representative prior to the bout. Must be taped to the competitor to ensure stability during the bout.

### 7. HEAD EQUIPMENT: ISCF Approved Headgear For ALL Ages:

- AGES 8-12: ISCF Approved Wrestling Headgear ONLY. (*No head strikes for ages 8-12*)
- AGES 13-17: ISCF Approved Headgear ONLY - Must be TIGHT FITTING Headgear such as top 10 MMA Headgear.

### 8. BODY ART

- NO Body Jewelry - Piercing Accessories may be worn during any ISCF bout.
- NO Henna or any kind of temporary tattoos.
- NO Makeup of any kind.
- NO Advertisements shall be written on a fighters skin (*EX: GoldenPalace.com*)
- ANY "Entree" Masks, costumes or props must be approved by the ISCF prior to the start of the event.

### 9. VASELINE - OIL - ECT.: Fighter's may lightly (*as determined by the ISCF Referee*) place Vaseline upon their faces at the entrance to the Cage or Ring with the Referee or Event supervision. NO oils or Vaseline/Greases or Tar material may be used on any other part of the competitor's body.

### 10. FINGERNAILS: Fighters fingernails and toenails must be cut and trimmed prior to any ISCF bout.

### 11. HAIR

- Combatant may only use soft materials to tie hair.
- FACIAL HAIR: If determined by the ISCF Event Representative to be a health, safety or sanitary issue, must be trimmed and or cut.

## ISCF JUNIOR AMATEUR MMA WEIGH-INS & WEIGHT CLASSES

1. The official weigh-ins may take place on two separate days or one. Day before or the day of event.
2. Participants of a bout must **BOTH** weigh-in on the same day and during the scheduled weigh-in time.
  - o If weigh-ins are scheduled for 2 separate days, one fighter cannot weigh-in on the first day and his/her opponent weigh-in on the following day. **BOTH** must weigh-in on the **SAME DAY!**
3. **EVERY** Fighter and Trainer has the right to witness his or her opponents weigh-in, **ALWAYS!**
4. Weigh-in time windows are to be no more than 2 hours in length.
  - o Fighters who miss this weigh-in "Time Window" will be scratched from the event unless a valid explanation is given to the **ISCF** Representative as to why they cannot make the weigh-in window.
5. The weigh-ins must be conducted by the **ISCF** Event Representative **ONLY** at a place and time agreed upon by the **ISCF** Event Representative & the Event Promoter.
6. Prior to the event weigh-in, the scales weight must be confirmed by the **ISCF** Event Representative with the placement of a 10 lb fixed weight (*Provided by the event Promoter*) to assure its accuracy.
7. All Fighters must weigh-in.
8. Fighters cannot wear more than, Shorts, Shirt and Socks. (*No pants, jackets, shoes*)
9. Fighter must weigh-in at the weight agreed upon in matchmaking. There is NO 1-2 lb. allowance unless agreed upon prior to the weigh-in date and "APPROVED" by the **ISCF** Event Representative so that he/she is prepared that such an allowance may be required.
10. Fighters in all title bouts must weigh-in within the noted weight limits of the title. *There is ABSOLUTELY NO WEIGHT ALLOWANCE for Title Bouts.*
11. **WEIGHT SEPARATIONS**
  - o Whether in the agreed upon weightclass or in a "Catch weight" bout the fighters must be within the allowed spread in accordance to **ISCF** Junior MMA Rules.
12. **ALLOWANCES**
  - o **JUNIOR MMA FIGHTERS Can NOT LOSE Weight to make weight!**
13. **CATCH WEIGHTS**
  - o **This is when say a Lightweight fighter at 150 lbs and a Welterweight at 160 lbs fight.**
    - What you need to look at in this case is the narrowest weight spread, which is always in the lower weight class of the two. For Lightweight, the weight spread is 10 lbs where is as in the Welterweight class, it goes to a 15 lb spread. A fight can only happen inside the limits of the weightclass of the lightest fighter. So for this example, (*Lightweight at 150 lbs and a Welterweight at 160*) this would be OK as a catch weight. However if the Lightweight fighter were 149 and the Welterweight at 160, that's 11 lbs, and it would NOT be allowed. The same if it were a pound the other way, where the Welterweight would weigh 161, again, out of the limits of the lower spread so no fight.
14. **JUNIOR WEIGHTS**
  - o All Fighters Below 110 Lbs cannot be more than 5 lbs apart

### **ISCF JUNIOR AMATEUR MMA WEIGHTCLASSES ABOVE 115 LBS**

	<u>WEIGHTCLASS</u>	<u>SPREAD</u>	<u>*ALLOWANCES</u>	<u>LBS.</u>	<u>KILOS</u>
<b>1</b>	Straw Weight	10 Lbs	2 Lbs	Up to 115 Lbs.	52.27 kg & Below
<b>2</b>	Flyweight:	10 Lbs	2 Lbs	115.1 to 125 lbs.	52.3 kg - 56.8
<b>3</b>	Bantamweight	10 Lbs	2 Lbs	125.1 to 135 lbs.	56.82 kg - 61.36 kg
<b>4</b>	Featherweight	10 Lbs	2 Lbs	135.1 to 145 lbs.	61.37 kg - 65.90 kg
<b>5</b>	Lightweight	10 Lbs	2 Lbs	145.1 to 155 lbs.	65.91 kg - 70.45 kg
<b>6</b>	Welterweight	15 Lbs	2 Lbs	155.1 to 170 lbs.	70.45.1 kg - 77.27 kg
<b>7</b>	Middleweight	15 Lbs	2 Lbs	170.1 to 185 lbs.	77.28 kg - 84.09 kg
<b>8</b>	Light Heavyweight	20 Lbs	2 Lbs	185.1 to 205 lbs.	84.10 kg - 93.18 kg
<b>9</b>	Heavyweight	60 Lbs	2 Lbs	205.1 to 265 lbs.	93.19 kg - 120.45 kg
<b>10</b>	Super Heavyweight	Unlimited	2 Lbs	265.1 lbs. & Above	120.46 kg & Above

## ISCF JUNIOR AMATEUR MMA RULES REGARDING BOUT PROTESTING

### PROTEST REASONS

- Bout Reviews will only be done when there is a legit, justified and provable reason for them. Some of those issues may include **but not be limited to:**
  1. Personal belief of a bad decision, agreed upon by the **ISCF** Event Representative.
  2. Personal issues with a certain judge such as favoritism or a judge having personal ties to a fighter and can be proved these ties are either negative or positive towards one or both of the fighters involved.
  3. Problem with the round times, too long or too short.
  4. Failure of equipment that caused an issue with the fight. (*Ring or Cage breakdown etc.*)
  5. Additional reasons will be determined if justified by the **ISCF** Headquarters.
    - A decision rendered at the termination of any contest may be changed by the **ISCF** if the **ISCF** determines that one of the following occurred:
      - There was found to be any conspiracy affecting the result of any contest.
      - The scorecard(s) of the judges shows an error which would mean the decision was given to the wrong contestant.
      - There was a violation of the laws or rules governing contests, which affected the result of any contest.

### TIME LINES & FORMAT

1. All protests must be received by the **ISCF** in writing within 10 days after the event from which the protest took place.
2. No protest will be considered without the below fees.
3. Protest **MUST include a video of the bout**. If no video is presented we will have no way to review the bout.
  - **VHS** (*USA Format - No other video format will be accepted - It MUST BE USA VHS*)
  - **DVD**
4. Any additional evidence should accompany the written protest such as statements, pictures etc.
5. All protests decisions will be determined by the **ISCF** Advisory Board within 30 days of the filed protest.

### PROTEST FEES

- **Protest fees are for the following expenses:**
  - The reproduction of 5-10 video tapes or DVD's.
  - Shipping costs to mail out these video tapes or DVD's to between 5-10 **ISCF** Approved Judges who were not associated with the event in question.
  - **If no Video/DVD is provided** by the protesting fighter or trainer and the **ISCF** is required to find such bout video there will be a **\$50 fee added** to the protest fee below.
- **Protest Fee:** \$75.00

### PROTEST RULINGS

- **Not Changing A Decision:** Changing a bout decision is more complicated than one might think. Doing so would mean that the Officials reviewing the bout were able to see a **CLEAR** and **DISTINCT** difference in the original bout decision. Close decision are often left as is due to the reality of the closeness of the bout. However there are other decisions that could be given after a review of a close bout.
- **Changing A Close Decision:** Two common decisions after a "Close" bout protest are either a "No Contest" or a "Draw". These decisions are often selected if the review shows that there really was no dominating winner of the majority of rounds. These decisions can often occur when the bout is too close to call and the Reviewing Officials cannot select a clear winner but the majority agree that the "Announced" winner did not do enough to win the bout. However, as noted above, "Close decision are often left as is due to the reality of the closeness of the bout."
- **Changing A Loss or Draw Decision to a Win:** This would mean that the Officials reviewing the bout were able to see a **CLEAR** and **DISTINCT** difference in the original bout decision and were clearly able to rule for the fighter given the loss or one of the "Draw" fighters.
- **Equipment Issues:** A decision can be changed if the losing fighter is able to prove that there was a failure of equipment used in a bout such as a malfunction in the cage/ring, a timing of round failure, etc. etc.
- **Issues With An Official:** A decision can be changed if the losing fighter is able to explain and if necessary, prove there was indeed a personal issues between him/herself and one of the bout Judges (*If the bout ended in a decision*) or Referee (*If the bout ended in a stoppage*).
- **Injury Rulings:** If a bout is stopped due to an unintentional injury and one of the fighters is given a loss instead of a "No Contest", this can be reviewed for a change of decision. Determining factors will be:
  - The nature and extent of the injury (*unintentional injury - intentional injury - foul*).
  - When the bout was stopped (*What round*).
  - Condition of both fighters at the time of the stoppage.



## ISCF JUNIOR AMATEUR MMA OFFICIALS RULES & REGULATION GUIDELINES



- All Event Officials can **ONLY** be Event Officials at an **ISCF** Sanctioned Event!
    - Officials CAN NOT work a corner for a fighter during a show they are an official on.
    - Officials CAN NOT work with fighters on the event they are officials on. This includes helping with hand wrapping, warming fighters up, etc. etc.
    - Officials of course CAN NOT be an official on a bout where they know or train one or both of the fighters. If you are an official and see a fighter that you know well on a bout you may be assigned to work, it is your duty and responsibility to EXCUSE yourself from the bout so that the event Representative can assign a replacement for you.
  - This IS NOT an issue about our TRUST in the Official as an **ISCF** Official. Of course we have great trust in their integrity or none of them would be an official with the **ISCF**. This is about the PERCEPTION of what others who are watching may think they are seeing. NONE of us can afford to be or want to be a victim of misunderstood PERCEPTION.
1. All **ISCF** Event **Officials** must be **ISCF** Certified, Licensed and listed on the **ISCF** Certified Officials page.
  2. All **ISCF** Event **Officials** shall be appointed by the **ISCF** but their **Officials** Fee shall be paid by the Event Promoter, just like a State Boxing Commission.
  3. Each **Official** must know **ALL the Rules and Regulations** for Their Position on an **ISCF** Junior Amateur MMA event.
  4. Requesting **Official(s)** for your **ISCF** Sanctioned event.
    - **ISCF** Promoters may Request Any Event **Official** as long as they are listed on the **ISCF** Certified **Officials** page.
    - **ISCF** will appoint all the event **Officials** and take into consideration any requests by the event promoter of any already certified **ISCF Officials**.
  5. The **ISCF** Event Representative has the right to excuse **ANY** Event **Official** Before or During any **ISCF** sanctioned bout or event if said **Official** breaks, disregards or abuses any **ISCF** Rules or Regulations or fails to uphold the highest integrity, quality and professionalism for their Official position as deemed necessary by the **ISCF** Event Representative overseeing the **ISCF** Sanctioned Event. If such action were to occur, additional disciplines could follow such as:
    - Fines, Suspensions or Banned from working any **ISCF** Event indefinitely.
  6. NO **Official** may consume **ALCOHOL** or any Illegal **DRUG** the "Day" of the Scheduled event!
  7. Any **Official** found under the influence of ANY drug or alcohol immediately prior to or during the event shall be **BANNED** from the event **IMMEDIATELY**. Said Official could also face loss of their **ISCF** Officials license, Fines and additional suspension. Said Official could be banned from any **ISCF** Event indefinitely.
  8. If the **ISCF** Event Representative feels the need to do so, any **Official** at an **ISCF** event shall allow the **ISCF** to perform a legal drug test before or after any bout, and especially if the bout is a title match.



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## REQUIRED ISCF JUNIOR AMATEUR MMA EVENT OFFICIALS



Every ISCF Sanctioned Event is required to have the following ISCF Event Officials.

- 1 ISCF Official Representative
- 1-2 ISCF Referee(s)
- 3 ISCF Judge's
- Ringside Medical Staff Grappling: EMT, Nurse or Doctor (MD)
- Ringside Medical Staff Junior MMA: 1-2 Medical Doctors, Ambulance & Paramedic Staff
- 1 ISCF Timekeeper
- 1 ISCF Scorekeeper

## REQUIRED ISCF JUNIOR AMATEUR MMA EVENT OFFICIALS DUTIES AND RESPONSIBILITIES

### ISCF TIMEKEEPER

#### ○ TIMEKEEPER RESPONSIBILITIES

1. To keep accurate time of all bouts.
2. Begin the start of the clock for each round, as initiated by the referee, including overtime rounds.
3. Give "3" Slaps to the ring mat or 3 pounds on the table (*Or a hard surface - maybe with a hammer*) to indicate 10 seconds remaining in the round. This is for the referee to move closer to assure the safety of the fighters at the end of round bell.
4. Blow a whistle to indicate to the referee that there are 10 seconds left in the round break. This is so the referee can clear out the cornermen, have them clean their corners and prepare to begin the round.
5. Start and stop the match clock for time stoppages as called by the referee.
6. Signal the end of each round by the use of a bell, buzzer, or other available LOUD signal.
  - Having an Assistant Timekeeper could be helpful to the main Timekeeper.

### ISCF SCOREKEEPER

#### ○ SCOREKEEPER RESPONSIBILITIES

1. Record and tabulate the scores and point deductions from all of the judges.
2. All actual scores must be placed on the master scoresheet as they are indicated by the judges' scorecards.
  - Having an Assistant Scorekeeper could be helpful to the main Scorekeeper.

### NON ISCF EVENT PERSONNEL

- Ring Announcer
- DJ's

## ISCF JUNIOR AMATEUR MMA EVENT REPRESENTATIVE DUTIES & RESPONSIBILITIES

### 1. REPRESENTATIVES OVERALL RESPONSIBILITY

- It is the duty of the ISCF Representative to oversee **ALL ASPECTS** of the event from the front door to the ring, cage or mat. The ISCF Representative is also known as the LEAD INSPECTOR. He/She is the TOP Official at an ISCF Sanctioned Event. EVERYONE must confirm all aspects of the event with the ISCF Representative. However, it is also the duty of the ISCF Representative to be responsible with their position of power, "*With great power comes great responsibility*". This being said, it is their duty to **HELP** the Promoter as much as possible to have a good, safe and successful event. "*Be firm yet not hard, Soft yet not yielding.*"

### 2. ARRIVAL AT THE EVENT

- Once at the city/town of the event, the official ISCF Event Representative or Associate shall meet with the event promoter(s) and his/her promotional team to review the event and duties of officials & staff. The ISCF Event Representative or Associate shall offer assistance, advice or requirements to the event promoter, event staff, officials, trainers and fighters to make the event a complete success.

### 3. DECISION ISSUES

- The outcome of any ISCF event is under the direction of the ISCF Event Representative or Associate. It is his/her duty to be aware of all aspects of each detail of any event from the beginning of the event until the entire event is over.

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## **REQUIRED ISCF EVENT OFFICIALS - Event Representative Duties & Responsibilities - CONTINUED**

### **4. EVENT OFFICIALS**

- An officials meeting shall be scheduled prior to the event for the **ISCF** Event Representative to review any necessary details with the Officials about the event, as will as confirm all Officials assignments. Such assignments may include, but not be limited to, sitting locations of all officials, if using more than 1 referee, what bouts each will work, etc. If Promoter already has Officials seating assignments in place, the **ISCF** Event Representative will review them with the promoter to assure proper locations for each official.

### **5. WEIGH-INS**

- To administer the official weigh-ins: During the event weigh-ins, the **ISCF** Representative or Associate and or the **ISCF** Scorekeeper shall attain all fighter information for the official **ISCF** fighters information fight file and assure that all facts given are true and correct. The **ISCF** Representative or Associate shall witness the weigh-in of each bout/fighter for proper weight.
- If asked by the promoter the **ISCF** Representative can assist in creating the official bout order that will present the event at its best.

### **6. LEGAL AMATEUR PHOTO FIGHTER ID FOR ALL ADULT FIGHTERS**

- It is the responsibility of the **ISCF** Event Representative to ask for "LEGAL" Photo Identification (*Drivers license, passport etc.*) to assure the fighter's name listed on the event fight card is indeed the fighter who is fighting. We have seen before where a fighter fight's under a different name and is actually a PRO when he is fighting as an amateur, or, is under 18. ALL Junior Amateur MMA Fighters must be under 18 years old.

### **7. JUNIOR AMATEUR MMA FIGHTER LEGAL ID**

- It is the responsibility of the **ISCF** Event Representative to ask for "LEGAL" Birth Certificate of all "Non ISCF Licensed" Junior Amateur MMA Fighters to assure they are the age they presented to the promoter.

### **8. JUNIOR AMATEUR MMA FIGHTER LICENSE / REGISTRATION FEE**

- **ISCF** Junior Amateur MMA Fighter License / Registration (Juniors & Adults) is \$20 per year. Registered Junior Amateur MMA Fighters will be placed in the **ISCF** Junior Amateur MMA Rankings with a visible renewal date. This License/Registration fee can be paid by the Fighter, Parents of the Fighter or their Trainer but NOT the promoter!

### **9. RULES MEETING**

- The **ISCF** Representative, Associate and or the **ISCF** Event Referee(s) shall hold the official **ISCF** pre-event rules meeting. This meeting will outline all **ISCF** rules and regulations for the event for all fighters AND TRAINERS. This meeting shall be AFTER the weigh-ins and is **MANDATORY** for ALL FIGHTERS and TRAINERS who will be working the corner of their fighters bout.

### **10. RULES AND REGULATIONS**

- It is the responsibility of the **ISCF** Event Representative to assure that all **ISCF** Junior Amateur MMA Rules and Regulations are followed by all individuals governed by such in regards to before and after the event.
- Oversee at Cageside, Ringside or Matside during the event the actions of all **ISCF** Officials to assure all Official **ISCF** Rules and Regulations are followed.

### **11. SCOREKEEPER**

- If there is an **ISCF** Event Scorekeeper, the scorekeeper will fill out all official **ISCF** scorecards before the start of the event for all the bouts. However, if not, the **ISCF** Event Representative will need to do this. This duty can be delegated to other officials as well if available to assist.
- If there is an event scorekeeper, the scorekeeper will tally and total all score cards. However, if not, the **ISCF** Event Representative will need to tally all scorecards.
- After the scores are totaled and the bout outcome is determined by the **ISCF** Scorekeeper or **ISCF** Event Representative, the scores must be presented to the ring announcer the official decision.

### **12. BOUT NOTES**

- The **ISCF** Representative or Associate shall at Cageside, Ringside or Matside, keep all official scores, notes, comments and results of all fighters and bouts in regards to recommendation of rankings, fouls, penalties, awards etc. on the Official **ISCF** Scorecard Sheets
- After each bout, the **ISCF** Representative or Associate shall offer their opinion of an honest and official **ISCF** ranking for each fighter in their fighting division.

## REQUIRED ISCF EVENT OFFICIALS - Event Representative Duties & Responsibilities - CONTINUED

### 13. OVERSEE RING ANNOUNCER AND DJ

- It is the responsibility of the **ISCF** Event Representative to assure that the event is a quality event for both the spectators and the fighters. In doing so, he/she needs to assure that the Ring Announcer and DJ follows their rules and regulations;
  - **RING ANNOUNCERS**
    - The Ring Announcers job is to fully represent the event to the public in an official and professional manor.
    - The Ring Announcer shall **NEVER** use Profanity over the microphone that the crowd will hear.
      - If the Ring Announcer uses ANY Profanity over the PA/Microphone, the **ISCF** Event Representative could remove and ban him/her from the event.
    - Ring Announcer is to read all the bout results as requested to him/her by the **ISCF** Event Representative. For this purpose we recommend all Ring Announcers use the announcement cards provided by the **ISCF**.
    - There shall be NO TALKING by the Ring Announcer over the microphone or ANYONE over a Microphone during a "REAL" bout.
  - **DJ'S**
    - There shall be NO MUSIC played during a bout.
    - Fighter entree music or Event Music with abusive lyrics (*Profanity*) and or foul language is NOT ALLOWED and will NOT BE TOLERATED!
      - DJ's", are required to review ALL "UNKNOWN" fight music **BEFORE** the event.
      - If a DJ plays such music they risk being remove and banned from the event..
      - Fighters are required to request music that has NO Profanity!

### 14. FIGHTER SAFETY

- It is the responsibility of the **ISCF** Event Representative to assure the safety of all fighters by observing all safety equipment required such as fighter's equipment event lighting, competition condition (*ropes/fence/cage, mat, stairs etc.*) and medical equipment at ringside.
- It is the responsibility of the **ISCF** Representative to oversee each bout for fairness to fighters, trainers and officials.

### 15. FIGHTER EQUIPMENT

- It is the responsibility of the **ISCF** Event Representative to approve all safety equipment of all fighters.
  - Mouthpiece must be FORM FITTING and not fall out when a fighter opens their mouth.
  - Groin Cups, Glove sizes and condition etc..

### 16. OFFICIALS DECISIONS

- It is the responsibility of the **ISCF** Event Representative to assist with the referee(s) in any decisions necessary in regards to fouls etc.
- It is the responsibility of the **ISCF** Event Representative To administer advice to any judge if scoring does not seem accurate.

### 17. APPLY FIGHTER SUSPENSIONS

- If any Fighter should be stopped by injury during their bout and requires any "Medical Suspension Time" before fighting again, it is the responsibility of the **ISCF** Representative to serve fighter an Official "**Notice Of Medical Suspension.**"

### 18. OFFICIALS PAYMENT

- Assure that all officials are paid the minimum **ISCF** fees **OR** the fees agreed to them by the promoter in cash or cashiers check to be paid to the **ISCF** Event representative prior to the event weigh-ins.

### 19. EVENT PAPERWORK

- The **ISCF** Event Representative or Associate will make it clear to the event promoter that he/she is to keep an event file to store all the paperwork for his/her event. This paperwork must be accessible for the **ISCF** for 2 years following his/her event. This way the promoter has access to all event details as well. If **ISCF** needs any of the paperwork for any reason, said promoter is required to attain it and mail or fax to the **ISCF** Headquarters as instructed at that time by the **ISCF**.

### 20. EVENT RESULTS

- After the event, the **ISCF** Representative will write-up full results from the event for posting on the **ISCF** News page. This write-up will include the results of all the bouts and any additional information such as medical suspensions, fighter info, comments, etc



## REQUIRED ISCF EVENT OFFICIALS - REFEREES

### REFEREE'S DECISIONS AND ACTIONS

1. An officially **ISCF** appointed or approved event referee shall oversee an entire match from within the ring, cage or matted area to ensure the safety of the fighters.
2. It is the official event referee's duty to determine and announce all submissions, bout stoppages, warnings, point deductions, and/or disqualifications.
3. If fighters are in jeopardy of falling out or off the designated fighting ring (Boxing Ring), the official ring referee may give the command of "STOP" or "FREEZE" and has the authority for the fighters' safety to stop the bout and:
  - Re-start the fighters standing in their corners OR
  - Have the action continue from the exact position he froze the fighters in.
4. If the action of the bout has stalled and neither competitor is working aggressively to gain an advantage, the referee shall warn the competitors to accelerate the action or face a restart. If, after the warning, the action remains stalled, the referee shall stop action and separate the competitors to their respective corners.
5. If a fighter drops his mouthpiece, the referee shall have the following 3 choices:
  - If both fighters are STANDING, and making NO CONTACT, the referee may call "Time-Out" to allow the fighter to replace the mouthpiece. At that time, the referee shall return each fighter to their corner in a standing position and restart the match.
  - If both fighters are GROUNDED, and making CONTACT, the referee may give the command of "STOP" or "FREEZE", and at that time, the Referee may place the mouthpiece back in the fighters mouth. After which, the referee may allow the action to continue from the exact position he froze the fighters in.
  - If both fighters are GROUNDED, and making CONTACT, the referee may ALSO choose to simply WAIT until both are up & separated from each other and call "Time-Out" to allow the fighter to replace the mouthpiece. At that time, the referee shall return each fighter to their corner in a standing position & restart the match.
6. If a fighter drops his/her mouthpiece 3 times during a round, he/she will be disqualified from the match and the victory awarded to his/her opponent.
7. If the referee wishes to examine a fighter with the doctor's assistance for any concern, the referee will stop action and separate the competitors to their respective corners. At that time, the referee shall signal the timekeeper to stop the time. The referee will then signal the doctor to come into the fighting area to examine the athlete in question, and restart the match, if necessary. If so, the bout shall be restarted with both fighters standing in their respective corners.
8. In the event that any equipment problems that threatens the safety of the fighters exists, the referee will have the action stopped for repair and the bout restarted, with both fighters standing in their respective corners.
9. In the event of a Foul that the referee chooses only to announce a warning:
  - IF BOTH FIGHTERS ARE STANDING: The referee will call "STOP" and a "Time-Out", separate the fighters and give his/her verbal warning to the fouling fighter. At that time, the referee shall return each fighter to their corner in a standing position and restart the match.
  - IF BOTH FIGHTERS ARE GROUNDED: The referee will give the command of "STOP" or "FREEZE". At this time, the Referee will give his/her verbal warning to the fouling fighter and allow the action to continue from that exact position he froze the fighters in.
10. In the event of a Foul that results in a Point Deduction:
  - IF BOTH FIGHTERS ARE STANDING: The referee will call "STOP" and a "Time-Out", separate the fighters, send each to a NEUTRAL corner, indicate the foul and point deduction to each judge and scorekeeper. At that time, the referee shall return each fighter to their corner in a standing position and restart the match.
  - IF BOTH FIGHTERS ARE GROUNDED: The referee will give the command of "STOP" or "FREEZE". At this time, the Referee will make the determination as to if the fouled fighter needs any recovery time or not and if so, will separate the fighters to allow for such recovery time of the fouled fighter. Also at this time, the Referee will indicate the foul and point deduction to each judge and scorekeeper. Once the recovery time is complete and the Referee has indicated the point deduction(s), the referee will re-position the fighters into the exact same position they were in when the foul occurred and allow the action to continue from that exact position he froze the fighters in.
11. Except as otherwise set forth herein, the referee shall alone determine whether or not and what warnings and/or point deductions are necessary, or whether disqualification is appropriate, for all rule infractions and violations.
12. The event Referee and the event Medical Doctor are the only event Officials allowed to Stop a bout.

**ISCF MECHANICS OF REFEREE ARE REVIEWED IN ISCF REFEREE CERTIFICATION SEMINARS**

# ISCF JUNIOR AMATEUR MMA REQUIRED EVENT PHYSICIANS AND ADDITIONAL MEDICAL STAFF & EQUIPMENT



## EVENT PHYSICIAN - DOCTOR

- There shall **ALWAYS** be a minimum of 1 "**LICENSED PHYSICIAN - MEDICAL DOCTOR**" - MD or D.O. at all ISCF Junior Amateur MMA Sanctioned Events. *Not Chiropractors, Physicians Assistant, Paramedic or Dentists.*
- **The use of two ringside physicians is strongly recommended.**
  - If the ring doctor is forced to attend to a fighter who was just injured in a bout whether at ringside or in the locker room, **NO BOUTS** may take place until he is back at ringside. To avoid down time in such a case, **The use of two ringside physicians is strongly recommended!**
- Physician, MD (s) shall sit at ringside or cage side directly next to a set of ring entree stairs.
- Physician shall be prepared to assist if any serious emergency arises, and will render temporary or emergency treatments for cuts or minor injuries sustained by the competitors.
- The Physician may enter the ring, cage or mat area between rounds and during referee stoppage to assess any injury to either competitor to determine if the competitor can safely continue.
- No bout shall be allowed to proceed until the physician(s) are in their seats.
- The physicians shall not leave the arena until both competitors of the final bout have been examined by him/her.
- The event promoter will be held liable if a fighter is injured and not treated by a licensed MD.

**RINGSIDE MEDICAL EQUIPMENT:** Stretcher, Spine Board, C-collar, Airways, Oxygen Tank

**AMBULANCE:** There shall **ALWAYS** be a minimum of 1 Ambulance at all **ISCF** Sanctioned Events.

- The mobile unit must have a minimum of one Paramedic and one EMT in attendance.
- The Ambulance must include resuscitative and spine immobilizing equipment.
- The Ambulance must be parked directly outside or inside the venue building.

## **PHYSICIANS NOTIFICATION OF INJURY - SUSPENSIONS - HOSPITAL VISITS ETC.**

- Ringside Physicians must report all circumstances or incidents in which a fighter may have been injured during a bout or have applied for medical aid after and event.
- If a fighter is required to be suspended from competition due to any injury the event Physician and the **ISCF** Event Representative must fill out an official **ISCF** Medical Suspension form.
- If a fighter is required by the event Physician to seek any kind of medical attention outside the venue (*Visit Emergency Room on event night, transport by ambulance, further medical treatment after event, etc. etc.*), the event Physician and the **ISCF** Event Representative must fill out an Official **ISCF** Injury Report form.

## **PRE BOUT PHYSICAL EXAMS**

- **THE PHYSICIAN IS REQUIRED TO...**
  - Give a thorough physical and eye examination to each contestant no more than 24 hours prior to the start of the event.
  - Referees shall also be given physical examinations immediately before officiating at any match.

## **CORNERMEN RULES DURING INJURY**

- Under no circumstances are the competitors seconds permitted to enter the ring, cage or mat area or attend to a competitor during the course of the bout.
- If the competitor is cut, his/her second can then enter the ring and attend to the competitor.



## ISCF JUNIOR AMATEUR MMA MATCH ARENA - COMPETITION AREA



### MATTED COMPETITION AREA

- The Competition matted area must be a minimum of 20 feet x 20 feet.
- Matted area must be either a wrestling, Judo or JiuJitsu style mat.
- Matted area must have a minimum of one inch foam padding.
- Matted area must extend a minimum of 3 feet beyond the competition area.
- All mats shall be secured together by design or by tape and have no spaces.
- All Mats shall be clean and in good condition.
- The mats padding shall be approved by the **ISCF** Event Representative & Event Referee(s).
- Padding shall extend a minimum of \*3 feet beyond the fighting area.
  - (\*) If the competition area is elevated it shall not be more 36 inches (3 feet) above the venue floor.
  - The elevated matted area shall have steps or a ramp for participants.
  - The elevated area shall have a minimum of a 5 foot warning boarder beyond the competition area.
- If needed the **ISCF** promoter shall be required to make whatever changes to the competition area as are necessary in the judgment of the **ISCF** Event Referee & Representative.

### BOXING RING COMPETITION AREA

- The Boxing Ring shall not be more than 4' (48") from the venue floor to the competition surface.
- A Boxing Ring for Competition must have a minimum of "5" Ropes.
- The Boxing Ring competition area shall not be less than 17 feet square within the ropes.
- The Boxing Ring competition area shall not be larger than 22 feet within the ropes.
- The Boxing Ring padding must extend beyond the ring ropes and over the edge of the ring deck.
- The Boxing Ring floor shall extend beyond the ropes not less than 18 inches.
- The Boxing Ring floor covering shall be made of Vinyl.
- The Boxing Ring mat area must have a minimum of one inch foam padding.
- The Boxing Ring ropes shall not less than 1" in diameter.
- The Boxing Ring bottom rope must be padded with a padding of a thickness not less than 1/2".
- The Boxing Ring bottom rope = 6" - 10" above the ring floor.
- The Boxing Ring top rope = 52" above the ring floor.
- The Boxing Ring ropes shall have Soft rope ties that connect all ropes approximately every 6' apart.
- All Boxing Ring ropes shall be tight & approved by the **ISCF** Representative or Referee prior to event.
- The Boxing Ring must have 2 sets of stairs to enter the ring placed on opposite sides of the ring.
- The Boxing Ring posts shall be of metal.
- The Boxing Ring posts shall not extend more than 58 inches above the venue floor.
- The Boxing Ring corners must have padded corner cushions.
- The Boxing Ring turnbuckles must be padded.
- The Boxing Ring post must not be more than four inches in diameter
- The entire Boxing Ring must be approved by the **ISCF** Event Representative & Event Referee(s).
- If needed the **ISCF** promoter shall be required to make whatever changes to the competition area as are necessary in the judgment of the **ISCF** Event Referee & Representative.



## ISCF JUNIOR AMATEUR MMA MATCH ARENA - COMPETITION AREA - CONTINUED

### CAGE COMPETITION AREA

- The Cage Competition area must be a minimum of 18 feet by 18 feet.
- The Cage Competition area must be no larger than 32 feet by 32 feet.
- The Cage Competition area must be a Vinyl mat.
- The Cage Competition area shall be padded with at least one inch layer of foam padding.
- The Cage Competition area padding shall extend beyond the fighting area and over the edge of the deck.
- The Cage Competition area shall not be more than 4 feet (48 inches) above the floor of the venue.
- The Cage Competition area must have 2 sets of stairs to enter the cage on opposite sides of the cage.
- The Cage Competition Posts shall be metal not more than six inches in diameter.
- The Cage Competition Post shall extend a minimum of 58 inches above the competition area floor.
- The Cage Competition Post shall be padded on the sides exposed to the competition area.
- The Cage Competition area shall be enclosed by a fence.
- The Cage Competition fence shall be made of vinyl coated chain link fencing.
- The Cage Competition fence shall be strong and secured preventing any fighter from breaking through it.
- No obstruction on any part of the fence surrounding the cage in which the fighters are competing.
- The entire Cage must be approved by the **ISCF** Event Representative & Event Referee(s) from construction to padded surfaces to the cage doors. The Cage doors must be able to open and close correctly as well as latch and secure strong enough to prevent the doors from opening during the competition.
- If needed the **ISCF** promoter shall be required to make whatever changes to the competition area as are necessary in the judgment of the **ISCF** Event Referee & Representative.



### ISCF JUNIOR AMATEUR MMA COMPETITION AREA RULES

#### **CONDUCT AND ACTIONS ALLOWED & NOT ALLOWED WHILE AT THE MAT, CAGE OR RINGSIDE TABLES**

**ALL ISCF Event Representatives are required to make sure these rules are abided to at the event.**

1. Event Officials and Event Personnel **ONLY** are allowed to sit at the Mat, Ring or Cageside Tables.
2. This is NOT a Spectator Area and **NO GUESTS** of Officials or the Event Promoter will be allowed to sit at Mat, Ring or Cageside Tables unless approved mutually by the **ISCF** Event Representative and the Event Promoter.
3. All at ringside must be 18 years of age or older.
4. There shall be NO CHEERING on of ANY Fighter while at Mat, Ring or Cageside other than their own Trainers.
5. The event Officials and Personnel Include;
  - **ISCF Event Representative**
  - **ISCF Scorekeeper:** This could be the Event Representative as well.
  - **ISCF Judges:** There must be a minimum of "2 FEET" between each Judge and anyone else.
  - **ISCF Referee(s)**
  - **Timekeeper**
  - **Ringside Physician(s)**
  - **Photographers:** **ISCF** Event \*Photographers as approved by the **ISCF** Event Representative.
  - **Video Crew:** **ISCF** Event \*Video Crew as approved by the **ISCF** Event Representative.
  - **Event Ring Announcer**
  - **Fighters Trainers and or Cornermen**
  - **Cage/Ring Girls & Assistant**



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## **ISCF JUNIOR AMATEUR MMA COMPETITION AREA RULES - CONTINUED**

1. **PHOTOGRAPHY**
  - NO "FLASH" Photography at Mat, Ring or Cageside.
  - NO "FLASH" Photography within 10 feet of the edge of the fighting Mat, Ring or Cageside - This includes EVERYONE, Trainers, Spectators, etc.
    - Flashes can temporarily blind a fighter which could lead to serious injury of the blinded fighter.
  - Photographers can not stand straight up in front of the event crowd when at Mat, Ring or Cageside. They must keep down so they do not block others views.
  - Photographers must stay out of the Mat, Ring or Cageside and off the ring apron while the entirety of the bout is ongoing (Inc Round Breaks)
  - Photographers may enter the Mat, Ring or Cageside (**With PRIOR Approval of the event Promoter and ISCF Event Representative**) at the end of a bout.
2. **VIDEO - FILM CREW**
  - ALL Video Crew used on an **ISCF** Sanctioned event must be approved "MUTUALLY" by the **ISCF** Event Representative and the Event Promoter.
  - Cameramen/women may stand on a cameraman stand or platform, as long as the location has been "MUTUALLY" agreed upon by the **ISCF** Event Representative and the Event Promoter.
  - Cameramen/women may ONLY stand in the Neutral Corner of a boxing ring if the event is using a boxing ring.
  - Cameramen/women's designated area of a boxing ring is known as "*The SQUARE of the Corner*".
  - Cameramen/women may NOT wonder outside the SQUARE of the Corner during the fighting round, but may do so during round breaks.
  - Cameramen/women filming a cage shall have their filming location confirmed by and "MUTUALLY" agreed upon by the **ISCF** Event Representative and the Event Promoter.
3. **"CHEERING" Or "YELLING" is only allowed by the Cornermen/women of the fighters.**
  - No "CHEERING" Or "YELLING" is allowed by those sitting at Mat, Ring or Cageside.
  - Those seated at the Mat, Ring or Cageside are suppose to be "*Event Officials*" who are suppose to be neutral to each and every fighter.
  - For this reason, Cheering of a fighter while sitting at a Mat, Ring or Cageside is prohibited.
4. **SHARP OBJECTS - GLASS**
  - No Sharp Objects are allowed at "**\*\*Ringside**" that point upward such as, Trophies, Awards, Mic Stands.
  - These items may cause serious injury if a fighter falls out of the Ring.
  - NO GLASS Containers, drink containers, plates, trays etc. at all are allowed at "**\*\*Ringside**"
    - (\*\*) Since no one "Falls out of a cage" this rule does not apply to events with Cages.
5. **NO ALCOHOL! NO ALCOHOLIC Beverages of ANY kind are allowed at ANY of the Mat, Ring or Cageside Tables.**
6. **DRINKS AND FOOD**
  - All drinks must be in an enclosed or covered "*Plastic*" bottle or cup or, if an open cup, be placed under the table at all times. This avoids any drinks splashing or spilling on important paperwork. This also avoids any body fluids splashing in the drinks.
7. **OFFICIALS ACCESS SPACE**
  - There must be a minimum of "**6 Feet**" from the back edge of each Mat, Ring or Cageside chair placed at a Mat, Ring or Cageside table to the edge of the first spectator chair at Mat, Ring or Cageside so event officials can move freely around the Mat, Ring or Cageside during an event.
    - **CROWD FENCE**
      - It is BEST if the promoter places a restrictive barrier between the first row of Mat, Ring or Cageside seats and the event officials area. (*Bike Rack - Concert Railing, etc.*)
      - This prevents the crowd from confronting any event official and also keeps the crowd away from the Mat, Ring or Cageside to avoid any incidents or safety issues with the officials as well as the fighters and trainers.
8. **JUDGES SPACE**
  - There must be a minimum of 2 feet on each side of each event judge to allow his/her privacy of judging a bout.
  - NO ONE other than a "*Shadow Judge*" Approved by the **ISCF** Representative may sit next to a judge during the event.

**CONTINUED NEXT PAGE**

## ISCF JUNIOR AMATEUR MMA CAGESIDE & OR RINGSIDE RULES - CONTINUED

### 9. RING ANNOUNCER - *Re-Noted From Above – Representative Duties*

- The Ring Announcers job is to fully represent the event to the public in an official and professional manor.
- The Ring Announcer shall NEVER use Profanity over the microphone that the crowd will hear.
- If the Ring Announcer uses ANY Profanity over the Event PA/Microphone, he/she could be banned from event.
- He is to read all the bout results as requested to him by the **ISCF** Event representative.
- For this purpose we recommend all Ring Announcers use the announcement cards provided by the **ISCF**.
- There shall be NO TALKING by the Ring Announcer over the microphone or ANYONE over a Microphone during a "REAL" bout.
- **No "VOICED COMMENTATING"** with a microphone to the event audience by ANYONE when a bout is in progress. Commentating for TV is of course allowed.

### 10. EVENT DJ - *Re-Noted From Above – Representative Duties*

- There shall be NO MUSIC played during a bout.
- The **ISCF** requests that **ISCF** Sanctioned event DJ's DO NOT use Music with abusive lyrics (*Profanity*) and or foul language for fighter entree music or any music during an event.
- NO FOUL LANGUAGE SONGS will be played during a TELEVISED EVENT for Live Broadcast or Tape Delay!
- If a DJ plays such music during a televised event they may be banned from the event.
  - DJ's are requested to review ALL "UNKNOWN" fight music BEFORE the event!
  - Fighters are required to request music that has NO Profanity!



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## ISCF JUNIOR AMATEUR MMA CORNERMAN RULES & REGULATIONS

*Failure to obey the following Cornerman & Trainers Rules & Regulations will result in suspensions and possible fines. Please see bottom of this page for such details.*

1. Fighters are allowed up to three **ISCF** LICENSED cornermen at mat, cage or ringside while bout is in progress.
2. ALL CORNERMEN are required to STAY in their fighter's corner (outside the ring or cage, of course) while the match is in progress.
3. For the SAFETY of the event Officials and Fans: IF a fighter's trainer or cornerman leaves his/her corner area and goes directly mat, ring or cageside where the two fighters are grappling that is not their corner area to coach their fighter, the referee shall stop the bout and make one of the following determinations:
  - Warn the Coaching Corner to Stay in his/her Corner.
  - Deduct one (1) point from the fighter whose cornerman left their corner.
  - End the round, awarding the entire round to the opposite fighter.
  - End the bout, awarding the entire bout to the opposite fighter.
4. Only **ISCF** Licensed cornermen can corner a fighter on an **ISCF** Sanctioned event.
5. Cornermen shall stay OFF the mat, cage or ring floor while the bout is in progress.
6. No Leaning On The Ring Or Cage!
7. Do NOT touch the ring ROPES or the cage FENCE while the bout is in progress.
8. During the round breaks, only one cornerman is allowed in a **BOXING RING** while the other two can stand outside the ring ropes on the outside edge of the ring or on the floor.
9. If the bout takes place in a **CAGE**, TWO cornermen are allowed in the cage area designated for such coaches to attend to that coach's fighter.
10. Cornermen must obey ALL event Officials at all times during the event.
11. Cornermen must conduct themselves with appropriate and proper sportsmanship in all ways.
12. Cornermen may spray (*not pour*) water and apply ice to a fighter between rounds.
13. No other substances may be applied between rounds.
14. Cornermen are responsible to dry the corner area before the next round commences.
15. Violation of the rules by a corner can result in warnings, point deductions, and/or disqualification of their fighter.

**FINES & SUSPENSIONS:** ALL Trainers and Cornermen working on an **ISCF** Sanctioned event must conduct themselves with appropriate and proper respect to ALL **ISCF** Ring Officials. Any "*Unacceptable and/or Unjustified*" rude or disrespectful behavior of ANY kind that occurs by a Cornerman or Trainer working an **ISCF** event may result in a suspension, loss of cornermans license or banned from any role on any future **ISCF** event indefinitely as a Trainer or Cornerman as well as a fighter.



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## ISCF JUNIOR AMATEUR MMA TIME BETWEEN BOUTS & MEDICAL SAFETY RULES



### TIME BETWEEN BOUTS

- **CHOKED UNCONSCIOUS** - AGES 13 - 17 ONLY (No Chokes for Under 13)
  - Minimum of 30 Day Medical Recovery Suspension.
    - It is the responsibility of the Events Licensed Medical Doctor to evaluate the severity of the issue and while still at the event, issue a medical suspension of a minimum of 30 days to the fighter who was choked unconscious.
- **FACIAL CUT**
  - Minimum of 60 Day Medical Recovery Suspension OR WHEN Cleared by Medical Doctor.
    - It is the responsibility of the Events Licensed Medical Doctor to evaluate the severity of the cut and while still at the event, issue a medical suspension of a minimum of 60 days to the fighter cut.
- **LIMB OR JOINT INJURY**
  - Minimum of 30 days to 120 Day Medical Recovery Suspension OR WHEN Cleared by Medical Doctor.
    - It is the responsibility of the Events Licensed Medical Doctor to evaluate the severity of the injury and while still at the event, issue a medical suspension of a minimum of 30 days to the fighter injured.
- **BROKEN BONE**
  - Minimum of 180 Day Medical Recovery Suspension OR WHEN Cleared by Medical Doctor.

### SUSPENSION CHALLENGE

Any fighter can "*Challenge*" the length of a suspension decision with documentation from a Licensed Medical Doctor clearing him/her medically as being medically cleared to fight again.



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## **ISCF JUNIOR AMATEUR MMA FIGHTER CONFIRMATION FORM**

- To assure honesty and accountability, every AMATEUR fighter will be required to sign a **AMATEUR FIGHTER CONFIRMATION FORM**. Once filled out each fighter will give this completed and signed form to the ISCF Event Representative "BEFORE THEIR FIGHT" stating in truth about his/her personal info and fight info

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## **ISCF AMATEUR "ADULT FIGHTER" CONFIRMATION FORM**

FIGHTERS FULL - LEGAL NAME: \_\_\_\_\_  
FIGHTERS DRIVERS LICENSE NUMBER - STATE: \_\_\_\_\_ NO: \_\_\_\_\_  
FIGHTERS DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_  
AMATEUR FIGHT RECORD: MMA: W:\_\_\_\_ L:\_\_\_\_ D:\_\_\_ - KICKBOXING: W:\_\_\_\_ L:\_\_\_ D:\_\_\_ - BOXING: W:\_\_\_\_ L:\_\_\_ D:\_\_\_  
FIGHTERS HOME ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ST: \_\_\_\_\_ ZIP \_\_\_\_\_  
FIGHTERS CONTACT PHONE NUMBER: \_\_\_\_\_  
FIGHTERS TRAINERS NAME - IF ONE: \_\_\_\_\_  
FIGHTERS TRAINERS CONTACT NUMBER - IF ONE: \_\_\_\_\_  
PROMOTERS NAME: \_\_\_\_\_ EVENT NAME: \_\_\_\_\_  
PHYSICAL EVENT LOCATION: \_\_\_\_\_

This is a Legal Amateur Status Confirmation Form binding You, The FIGHTER named above, The ISCF (International Sport Combat Federation) The Promoter named above and any and all of these companies, federations or organizations associates, officials, employees and staff related to the FIGHTER AND EVENT named above. You hereby consent and agree to completely accept alone any and all Fines, Suspensions and Disciplinary Actions if you are found to be untruthful on ANY of the Questions below and You verify and confirm all of the below statements by placing your initials at each numbered item as well as signing your full and legal name below.

**READ IT CAREFULLY AND OBTAIN LEGAL ASSISTANCE IF YOU DO NOT UNDERSTAND IT.**

Voluntary Application. I, the undersigned, acknowledge and state that I have ACCEPTED to compete in the EVENT NAMED ABOVE on the DATE NAMED ABOVE as an AMATEUR Fighter. I confirm under penalty or perjury that as of the EVENT DATE noted above, I have Never been Paid, Contracted or Fought as a Professional Kickboxer EVER. I have Never been Paid, Contracted or Fought as a Professional Mixed Martial Arts Fighter EVER. I have Never been Paid, Contracted or Fought as a Professional Boxer EVER. I have Never been Paid, Contracted or Fought as a Professional in ANY Full Contact Fight Sport EVER.

**PENALTY, FINES & SUSPENSIONS FOR PRO FIGHTERS FIGHTING AS AN AMATEUR**

I fully understand that if I have not been truthful with any of the above questions that I will be responsible for the following disciplines: Fined \$1,000.00 by the ISCF. Suspended for a minimum of 60 days up to 12 months by the ISCF. The time of suspension & amount of the Fine will be determined at time of infraction by the ISCF. In addition, I also fully understand that if I have not been truthful with any of the above questions that my Trainer listed above shall face the following disciplines: Fined \$1,000.00 by the ISCF. Suspended for a minimum of 60 days up to 12 months by the ISCF. The time of suspension & amount of the Fine will be determined at time of infraction by the ISCF. I hereby agree that this Amateur Status Confirmation shall be interpreted under and construed in accordance with the Amateur Definition as noted by the ISCF of the definition of a Professional Fighter and Amateur Fighter as follows: AMATEUR DEFINITION: One who engages in an activity as a pastime rather than as a professional; one who lacks expertise.

AMATEUR IN SPORTS: An athlete who has never participated in competition for money. An athlete who is not paid for his/her performance. An athlete at the beginning learning levels of his/her career.

PROFESSIONAL DEFINITION: Performed by persons receiving pay. An expert in a field of endeavor. PROFESSIONAL IN SPORTS: An athlete who is paid for his/her performance. Paid for their excellence of experience, knowledge and ability of their given sport. An athlete who plays for pay.

Knowing and Voluntary Execution 1. I hereby declare that I have read this Amateur Status Confirmation Form in full and that I fully understand the meaning and importance of its contents. I acknowledge that this Amateur Status Confirmation Form is a binding confirmation among myself, the ISCF (International Sport Combat Federation) and the PROMOTER named above and any and all of these companies, federations or organizations associates, officials, employees and staff.

Knowing and Voluntary Execution 2. I further declare and represent that I am at least 18 years of age, that I have full legal capacity to be bound by this Amateur Status Confirmation Form, and that I am signing this Amateur Status Confirmation Form of my own free will and accord.

**KO - TKO - INJURY SUSPENSIONS**

Have you ever suffered any knockouts (KO's), technical knockout's (TKO's), or any kind of loss of consciousness in the last 30 DAYS prior to the date of this event during a bout, sparring or in any other activity? \_\_\_\_YES\_\_\_\_NO If yes, please list and give dates and details:

\_\_\_\_I am not under any Medical Suspension by any Sanctioning body, boxing or Athletic Commission or Medical supervisor of any kind.

\_\_\_\_I am not under any Disciplinary Suspension by any Sanctioning body, boxing or Athletic Commission or Medical supervisor of any kind.

\_\_\_\_I have not been Knocked Out, had my fight stopped due to excessive blows or sustained any head injuries that may have caused loss of consciousness within the last 30 days.

FEMALES ONLY: Are you pregnant? \_\_\_\_YES - \_\_\_\_NO

Pregnancy Advisory Notice ALERT: If you participate in combative sports when you are pregnant you could have a miscarriage or you and or your fetus could suffer permanent injury or death. The ISCF cannot force you to have a pregnancy test as a requirement for licensing or before a bout. However, the ISCF strongly urges you to be tested before each of your bouts. The ISCF strongly urges you to not compete if you know or think you may be pregnant. Through this notice the ISCF informs you that the ISCF or any of its agents and the physician who conducts your pre-bout examination(s) is not responsible for any injury that you and or your fetus suffers if you compete when you are pregnant.

\_\_\_\_ You certify that you are not on a menstrual period during this bout/event and if so, will not fight.

I, (PRINT NAME) \_\_\_\_\_, declare under penalty of perjury under the rules and regulations of the ISCF, that the foregoing information is true and correct; further I realize that any intentional misrepresentation may result in disciplinary action against me. Executed in the City & State as listed above on the \_\_\_\_ day of the month of \_\_\_\_\_, in the year 20\_\_\_\_.

**FIGHTER**

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

**www.ISCFMMA.com**

## ISCF JUNIOR AMATEUR MMA

- In **ISCF** Junior MMA, Takedowns, Ground Control, Submissions and Strikes are allowed At Various AGE Levels.
- ALL Junior MMA fighters Under Age 17 Must Wear **ISCF** Approved Headgear.
- There are 2 Levels of **ISCF** Junior MMA Fighters.



### AGES 8-12

- No Striking if 1 fighter is grounded - NO Striking on the Ground.
- NO Head Strikes, No Knees, No Elbows, No Forearms, “Head butting”, Strikes with the head, Strikes to the joints, kidneys, back, spine, groin, rear of the ribs or kidney area or other vital points.
- NO STRIKES if one or both fighters are grounded - NO GROUND & POUND!
- Strikes are allowed to the Body & Legs (*Chest, Stomach, Ribs, Arms, Thighs & Calf*)
- Punches, hammer fists, kicks with the instep, bottom of foot, blade of foot, ball of foot are allowed.
- Stomping on a downed opponent and up-kicks from the bottom are NOT Allowed.
- With exception of the bottom of foot, all strikes to the facial area must be with padded area of the glove or shin guard.
- Submissions should be executed with applied pressure not “cranked”, to allow time to submit prior to injury.
- **Catches** (*Locks, Armbars or Chokes*) However if attain control, Referee will **STOP** the technique and award points.
- “Heel hooks” and submissions / techniques which involve a twisting pressure against the knee joint are prohibited.
- Neck cranks or submissions which involve dynamic twisting or pressure against the neck joint or spine are prohibited. “Can openers” (*From Top position, pulling your opponents head forward to their own belly button which applies pressure to their neck*) cannot be used as a submission.
- Potentially dangerous takedowns, throws and submissions designed or intended to cause injury are NOT Allowed.
- Strikes must be focused and delivered in a controlled manner ensuring proper placement.
- Open “Flying Scissors” style takedowns are NOT Allowed.
- Slamming or spiking to the head is NOT Allowed.
- Slamming or “Back Splashing” (*Landing back first across an opponent*) to escape a submission is NOT Allowed.
- Matches are won by score or by properly applied submission technique.

### AGES 13-17

- NO Knees, No Elbows, No Forearms, “Head butting”, Strikes with the head, Strikes to the joints, kidneys, back, spine, groin, rear of the ribs or kidney area or other vital points.
- Punches, hammer fists, kicks with the instep, bottom of foot, blade of foot, ball of foot are allowed.
- NO HEAD STRIKES if one or both fighters are grounded - Body Only! NO GROUND & POUND!
- Stomping on a downed opponent and up-kicks from the bottom are NOT Allowed.
- Strikes are allowed to the Body, Legs & Head (*Chest, Stomach, Ribs, Arms, Thighs, Calf and Head*)
- With exception of the bottom of foot, all strikes to the facial area must be with padded area of the glove or shin guard.
- All Amateur MMA Submissions Except:
  - Twisting Submissions.
  - Twisting against the neck.
  - Neck cranks or submissions that involve twisting or pressure against the neck joint or spine.
  - Hooks and/or submissions techniques that involve a twisting pressure against the knee.
  - May perform Catches However if attain control, Referee will STOP the technique and Fighter awarded points.
- Submissions should be executed with applied pressure not “cranked”, to allow time to submit prior to injury.
- “Heel hooks” and submissions / techniques which involve a twisting pressure against the knee joint are prohibited.
- Neck cranks or submissions which involve dynamic twisting or pressure against the neck joint or spine are prohibited. “Can openers” (*From Top position, pulling your opponents head forward to their own belly button which applies pressure to their neck*) cannot be used as a submission.
- Potentially dangerous takedowns, throws and submissions designed or intended to cause injury are prohibited.
- Strikes must be focused and delivered in a controlled manner ensuring proper placement.
- Open “Flying Scissors” style takedowns are prohibited.
- Slamming or spiking to the head is prohibited.
- Slamming or “Back Splashing” (*Landing back first across an opponent*) to escape a submission is prohibited.
- With exception of the bottom of foot, all strikes to the facial area must be with padded area of the glove or shin guard.



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## ISCF JUNIOR AMATEUR MMA HEADGEAR RULE

- If a fighters headgear falls off, his/her opponent can not strike to their head.
- Referee will wait until first opportune moment, without interfering with the action, call time out, and replace Headgear.
- POSSIBLE POINT DEDUCTIONS
  - At the discretion of the referee, points may be deducted or a disqualification rendered in the following situations:
    - When the headgear is purposely pulled off by the Fighter.
    - If a fighters corner fails to make sure headgear is in place or delays in placing headgear after it falls off.

## THE FOLLOWING ARE STRICTLY FORBIDDEN FOR ALL AGE DIVISIONS

- Stalling or executing excessive non scoring techniques.
- Maliciously causing injury to an opponent.
- Keeping in a crouched or low wrestling stance.
- Bending or twisting of fingers, biting, scratching, pulling of hair, clothing or pinching / pulling of skin.
- Speaking or disrespectful conduct during bout.
- Arguing with any official.
- Refusing to obey the direction of any official.
- Showing disregard for one's or opponent's safety.
- Continuing the bout outside competition area or after the referee calls for a halt.
- Any other condition for which the referee believes a penalty should be imposed.
- Strikes to the joints, kidneys, back, spine, groin or other vital points are prohibited For ALL FIGHTERS.

## DETERMINING THE WINNER OF THE MATCH

1. **TKO REFEREE STOPPAGE:** When a fighter is taking excessive punishment but cannot or will not submit or quit, either due to striking, failing to show a willingness to continue, a refusal to submit in the face of grave injury, or any other reason the referee believes is necessary to preserve the fighter's safety.
2. **TKO MEDICAL/DOCTOR STOPPAGE:** If the licensed ringside physician or the bout Referee decides the fighter cannot continue due to a cut or other injury.
3. **SUBMISSION:** When a fighter submits by tapping the opponent or the mat more than "3" times as a result from a choke, lock, or for any other reason. IF a fighter is in no position to tap out, he may yell out such as, "I QUIT", "STOP" or "GIVE UP". IF a fighter cannot tap or cannot yell, the referee shall stop the bout from his own personal determination of the fighter's safety.
4. **THROW IN THE TOWEL:** When a fighter's corner feels their fighter has had enough and decides to end the bout for the safety of the fighter. This shall count as a TKO.
5. **QUIT:** When a fighter simply cannot or refuses to continue.
6. **DECISION:** When the about has ended after the bouts specified time period without a winner, the bout decision shall be determined by the (3) three judges, as set forth by these rules.
7. **DISQUALIFICATION:** The fighter's opponent is disqualified by the **ISCF** Referee or **ISCF** Event Representative for unethical actions.

## PENALTIES AND INJURIES

### SECTION 1: PENALTIES

If a technique injures a competitor the following will determine the referee action:

1. Was the technique delivered with ill intent?
2. Was the injury a result of no fault to either competitor?
3. Was the injury a result of a fighter's negligence to protect him/herself?

- First accidental foul/violation will result in 1 point for the fouled competitor.
- Next accidental violations will result in a 1 additional point for the fouled competitor.
- Third accidental violation will disqualify.
- Malicious fouls may result in immediate disqualification.
- Intentional strikes to illegal striking areas or with illegal striking weapons may result in disqualification on first offense.
- Intentional illegal submissions or "cranked" submissions may result in disqualification on first offense.
- Intentional illegal slams may result in disqualification on first offense.

## **SECTION 2: INJURIES**

- If the bout stopping injury was caused by no fault of any competitor, the victor will be determined by the score prior to injury.
- The uninjured competitor will be declared the victor in the event of a tie score with a no fault match stopping injury.
- The athletic trainer or medical staff will have the final determination if an injured competitor may continue the bout.
- The injury time clock will not include consultation time of the medical staff.
- 2 minutes of injury/ recovery time is allotted to the athlete hurt by an illegal strike. The match shall be resumed at the neutral position if the injured athlete recovers and continues. If the medical staff finds the injured athlete is unable to continue he/she will win the match by disqualification.

## **SECTION 3: BLOOD - FOR AGES UNDER 13**

- Bouts will immediately be halted upon the detection of blood from either competitor.
- The injured competitor will have up to five minutes to stop the bleeding. The blood clock of five minutes will continue if the bout is halted for additional periods of bleeding.
- The maximum blood time allowed for one match is five minutes per competitor.
- Once five minutes is exceeded the victor will be determined in the same manner as in Section 2.
- Each scoring table will have blood cleaning supplies for the competition area.

## **EVENT PROCEDURE**

### **SECTION 1: WEIGH IN**

Weigh in will be conducted prior to competition. All competitors must have similar and fair access to weigh in regards to time and equipment.

### **SECTION 2: HEALTH AND SAFETY CHECK**

All competitors will be examined for contagious skin conditions, trimmed nails and open wounds prior to competition.

### **SECTION 3: RULES BRIEFING**

All competitors and/or coaches must attend a rules briefing prior to competition.



***CONTINUED NEXT PAGE***



## ISCF REFEREE'S DECISIONS AND ACTIONS

1. An officially **ISCF** appointed or approved ring referee shall oversee the entire match from within the ring to ensure the safety of the fighters.
2. It is the official ring referee's duty to determine and announce all submissions, knockouts, bout stoppages, warnings, point deductions, and/or disqualifications.
3. If a fighter looks helpless and receives repeated blows but does not tap out or call out a signal to quit or end the bout, he may be called "out" by the official ring referee and the bout stopped if referee feels it is necessary and awarded to that fighter's opponent.
4. If a fighter is knocked down to the ring floor by a strike, the bout may continue on the floor. If the downed fighter is unconscious upon contact to the ring floor, the official ring referee shall step between the fighters for the safety of the downed fighter and stop the bout.
5. If fighters are in jeopardy of falling out or off the designated fighting ring, the official ring referee has the authority for the fighters' safety to stop the bout and re-start the fighters standing in their corners.
6. If the action of the bout has stalled and neither competitor is working aggressively to gain an advantage, the referee shall warn the competitors to accelerate the action or face a restart. If, after the warning, the action remains stalled, the referee shall stop action and separate the competitors to their respective corners.
7. If a fighter drops his mouthpiece, the referee shall allow the fighter to replace the mouthpiece during a moment of non-contact between the two fighters. At that time, the referee shall return each fighter to his corner in a standing position and restart the match.
8. If a fighter drops his mouthpiece 3 times during the entire contest, he will be disqualified from the match and the victory awarded to his opponent.
9. If the referee wishes to examine a fighter with the doctor's assistance for any concern, the referee will stop action and separate the competitors to their respective corners. At that time, the referee shall signal the timekeeper to stop the time. The referee will then signal the doctor to come into the fighting area to examine the athlete in question, and restart the match, if necessary. If so, the bout shall be restarted with both fighters standing in their respective corners.
10. In the event that any equipment problems that threatens the safety of the fighters exists, the referee will have the action stopped for repair and the bout restarted, with both fighters standing in their respective corners.
11. Except as otherwise set forth herein, the referee shall alone determine whether and what warnings and/or point deductions are necessary, or whether disqualification is appropriate, for all rule infractions and violations. In the event of a warning or point deduction, the referee shall stop time and separate the fighters, send each to his corner, indicate the penalty to each judge and scorekeeper, and then restart the bout with both fighters standing.



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## ISCF SCORING BOUTS AND DETERMINING - A WINNER BY DECISION

It is the official ring referee's duty to determine and announce all submissions and knockouts or other bout stoppages. However, if there is no submission, knockout, or stop of the bout by a referee, cornerman, fighter, etc., by the end of the bout time limit, then the (3) three **ISCF** Certified Judges shall determine the bout winner.

### • GENERAL JUDGING

- All matches will be judged by (3) three **ISCF** Certified Judges.
  - Potential Scores - Not counting any point deductions or added **CATCH POINTS** for ages 8-17 (2 points per catch):
    - 10-10
    - 10-9
    - 10-8
  - The **ISCF** Judges guidelines for good decisions are:
    - Standup Striking
    - Clinch Fighting Takedowns
    - Positioning Submissions
    - Ground Striking
    - Overall Control
  - MMA striking nor grappling has any more importance than any other part of a fight as far as efficacy.
  - As the "Knockdown" is in Kickboxing/Boxing, there are actually "3" dominate Scoring techniques in MMA. They are
    - 1.Strike Knockdown
    - 2.High Impact Takedown or Slam
    - 3.Near Attempted Submission

### • SCORING THE ROUNDS

- If the round is EVEN, Both fighters will be scored a 10 for the round.
- The fighter who controls a round will be given a score of 10 for the round while the other fighter will be given a score of 9 for the round.
- If a round is "Dominated" by 1 fighter and he/she scores 1 or several Strike Knockdowns, High Impact Takedowns/Slams or Near Submissions the "Dominating" Fighter shall be scored a 10 while his/her opponent shall be scored an 8.
- One move cannot take an entire round away when the other fighter is winning.
- At the conclusion of the bout's three (3) rounds, each judge's scorecards will be counted.
  - **FULL BOUT SCORECARDS**
    - If using a FULL BOUT Scorecards, Any point deductions will be made by the judges on his/her scorecard, and checked by the **ISCF** Event Representative.
    - The **ISCF** Event Representative will check all the judges scorecards for accuracy before handing the final decision to the ring announcer.
  - **SINGLE ROUND SCORE CARDS**
    - If using SINGLE ROUND SCORECARDS, Any point deductions will be made by the judges on his/her scorecard, and checked by the **ISCF** Event Representative.
    - After each round, the referee, scorekeeper or assistant scorekeeper will collect a SINGLE ROUND SCORECARD from each Judge and deliver them all to the **ISCF** Event Representative or **ISCF** Event Scorekeeper. At this point, the **ISCF** Event Representative or **ISCF** Event Scorekeeper will log the scores on the Master Scoresheet as shown below. After the **ISCF** Representative AND **ISCF** Event Scorekeeper confirm all the scores for accuracy, they will hand the final decision to the ring announcer.

### Example Of The Use Of The Master Scorecard For Single Round Scoring

JUDGE - ROUND	ROUND ONE TOTAL SCORE		ROUND TWO TOTAL SCORE		ROUND THREE TOTAL SCORE	
	RED	BLUE	RED	BLUE	RED	BLUE
JOHN DOE	10	9	10	9	10	9
BOB DOE	10	9	10	9	10	9
JEFF DOE	9	10	9	10	9	10
<b>TOTAL</b>	<b>29</b>	<b>28</b>	<b>29</b>	<b>28</b>	<b>29</b>	<b>28</b>
<b>Winner: RED CORNER by: UNANIMOUS DECISION</b>						

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## ISCF JUNIOR MMA JUDGES DECISIONS THAT MAY BE RENDERED

1. **UNANIMOUS DECISION:** Indicates that all three judges awarded the same fighter the winner on points.
2. **SPLIT DECISION:** Indicates that two judges scored the fight for one fighter and the other judge scored the fight for the other fighter.
3. **MAJORITY DECISION:** Indicates that two judges scored the fight for one fighter and the other judge scored the bout a draw.
4. **DRAW:** Indicates that one judge had the fight for one fighter, one judge had the fight for the other fighter, and the third judge had the fight even. It could also mean that all three judges scored the fight a draw or that two of the three judges scored it a draw.
  - o **IN THE EVENT OF A DRAW**
    - If there is a draw, the Matchmaker will resort back to the agreement he/she made during the event matchmaking whether or not to fight 1 extra draw breaking round. Draw breaking rounds shall be 3 minutes in length.

## ISCF JUNIOR MMA MATCH TIME LENGTHS

- o **ALL BOUTS:** THREE (3) rounds, each of TWO (2) minutes in length, with a one (1) minute rest between each round.
  1. All **ISCF** matches will continue under the above time lengths and the match's winner determined by the judges scorecards, except when otherwise terminated due to TKO, submission, doctor's, referee's or corner's stoppage, or by any other reason set forth by these rules or presenting itself due to manifest necessity.
  2. In the event that, at the expiration of the regular time limit, an **ISCF** match ends in a draw as set forth by these rules, "**If confirmed during event matchmaking**" the match will continue with an "overtime round", which will be of the same length as the other rounds of the match. At the completion of such an overtime round, should it not end and a winner be declared as set forth by these rules prior to the expiration of that round's time, then the winner of the match shall be determined by the judges' scores on that "overtime round", alone.
  3. In the event that an "overtime round" results in a draw, "**If confirmed during event matchmaking**" individual "overtime rounds" shall continue as set forth in the previous paragraph of the **ISCF** rules, until a winner can be declared pursuant to these rules. The result of each successive overtime round shall be the decision of the entire match.

## DIVISIONS

### SECTION 1: DIVISIONS

- Divisions will be separated by age and weight.
- ALL Competitors will be separated by gender.
- The **ISCF** & Event Matchmaker may create "Catchweight" divisions to ensure competition as long as weights are within the spread of the lightest fighters allowed weight spread.
- All Competitors must be amateur. Amateur fighter is defined as: Having NEVER been paid any purse to fight where payment is directly received for the bout.

### SECTION 2: SKILL LEVELS

- Some events may have beginner, intermediate and advanced/open divisions.

### SECTION 3: WEIGHT CLASSES

Weight Classes are the Fixed Weight Classes of the **ISCF**.



[www.ISCFMMA.com](http://www.ISCFMMA.com)

# ISCF EVENT FORMS

## ISCF FIGHTER PRE-BOUT PHYSICAL FORM

Event Date: \_\_\_\_\_

Event Promoter: \_\_\_\_\_

Event City: \_\_\_\_\_

Event State: \_\_\_\_\_

FIGHTERS FULL NAME \_\_\_\_\_

AGE: \_\_\_\_\_ DOB: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

FIGHTER: Please answer ALL of the following Questions Before your fighter physical check below

PLEASE CHECK YES or NO At Right To The Following Questions	YES	NO
Do you have medical insurance?	_____	_____
Any chronic medical conditions? (Diabetes, asthma, heart condition etc.)	_____	_____
If chronic medical conditions, Please Explain:		
Ever had any surgery	_____	_____
If Had Surgery, Please Explain:		
Ever been Hospitalized?	_____	_____
If Hospitalized, Please Explain:		
Ever had a fracture or dislocation? If yes, when? ___/___/___	_____	_____
Ever had a sprain or strain requiring special equipment or braces? If yes, when? ___/___/___	_____	_____
Any vision problems?	_____	_____
Do you wear contact lenses?	_____	_____
Have you ever passed out while exercising? If yes, when? ___/___/___	_____	_____
Have you ever had chest pains while exercising? If yes, when? ___/___/___	_____	_____
Have you ever felt dizzy while exercising? If yes, when? ___/___/___	_____	_____
Have you ever had wheezing or coughing while exercising? If yes, when? ___/___/___	_____	_____
Have you ever been told you have high blood pressure?	_____	_____
Ever feel as though your heart is skipping beats or have runs of irregular rhythm?	_____	_____
Have you ever been told you have a heart murmur?	_____	_____
Any family members die suddenly before the age of 50?	_____	_____
Do you have a congenital defect such as single kidney, undescended testicle, cardiac defect?	_____	_____
Do you have any hernias, groin or abdominal?	_____	_____
Have you ever had a head injury or concussion? If yes, when? ___/___/___	_____	_____
Have you ever been knocked unconscious? If yes, when? ___/___/___	_____	_____
Have you ever had a pinched nerve or numbness or tingling in your arms, hands or feet?	_____	_____
Have you ever had a heat stroke? If yes, when? ___/___/___	_____	_____
Do you have any drug allergies? If yes, what:	_____	_____

Fighters Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

### MEDICAL QUESTIONS: Doctor, Paramedic or Nurse Only Below This Line

Physical Check	RESULT	Physical Check	RESULT
Fighters Weight	_____	Fighters Eyes	_____
Fighters Age	_____	Fighters Heart	_____
Fighters Pulse	_____	Fighters Lungs	_____
Fighters Blood Pressure	_____	Fighters Hernia/Abd.	_____
Fighters Hands	_____	Physical Look	_____

D/P/N Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

# ISCF FIGHTERS MEDICAL SUSPENSION NOTICE

FIGHTER: \_\_\_\_\_ DATE: \_\_\_/\_\_\_/\_\_\_  
 EVENT CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ COUNTRY: \_\_\_\_\_  
 INJURY REASON: \_\_\_\_\_  
 EXPLAIN SUSPENSION: \_\_\_\_\_



___/___/___ <b>BEGINNING</b> DATE OF SUSPENSION	TRAINING ACTIVITY SUSPENSION  COMPETITION SUSPENSION	___/___/___ <b>ENDING</b> DATE OF SUSPENSION
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The ISCF may Suspend an ISCF Fighter, Fighting on an ISCF Sanctioned Event for medical or disciplinary reasons. If for MEDICAL REASONS, The ISCF may also require medical testing as required to further review the Fighter's injuries before fighting again.

- 1: Your suspension shall be upheld by ALL State Athletic/Boxing Commissions and ALL Sanctioning Bodies.
- 2: If you fight while suspended you will face an additional suspension and possible monetary fines.
- 3: REQUIRE MEDICAL TESTS:

## ATTENTION FIGHTER - DANGER SIGNS

Notify the ringside physician of any injury sustained During your fight. You should seek immediate medical attention at the closest hospital Emergency room if you experience any of the following:

NAUSEA OR VOMITING - / - DIZZY, WOOZY OR SLEEPY - / - BLACK SPOTS, FLASHING LIGHTS - / - CONFUSION - / -  
 PAIN IN THE EYE - / - UNABLE TO WALK STRAIGHT - / - SEVERE HEADACHES - / - DOUBLE OR BLURRED VISION OR  
 AREAS OF BLACKNESS

I hereby declare that I am the fighter above and I have read & fully understand the meaning & importance of its contents. I acknowledge that this is a binding agreement between myself & the ISCF. I further declare & represent that I am at least 18 years of age, that I have full legal capacity to be bound by this agreement, & that I am signing this agreement of my own free will and accord.

Executed at \_\_\_\_\_/\_\_\_\_\_, on this \_\_\_\_\_ day of \_\_\_\_\_, in the year 20\_\_\_\_\_

FIGHTERS PRINTED NAME: \_\_\_\_\_

FIGHTERS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_/\_\_\_/\_\_\_

ISCF REPRESENTATIVES PRINTED NAME: \_\_\_\_\_

ISCF REPRESENTATIVES SIGNATURE: \_\_\_\_\_ DATE: \_\_\_/\_\_\_/\_\_\_

EVENT MEDICAL DOCTORS PRINTED NAME: \_\_\_\_\_

EVENT MEDICAL DOCTORS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_/\_\_\_/\_\_\_



**ISCF - International Sport Combat Federation**

P. O. Box 1205, Newcastle, CA, 95658, 9385 Old State Highway, Newcastle, CA, 95658, USA  
 (916) 663-2467, Fax: (916) 663-4510 or info@iscfmma.com - www.ISCFMMA.com

## ISCF FIGHTERS MEDICAL ATTENTION FORM

This form is for the Injured Fighter to Present for Medical Attention at a Hospital or Doctors Office

1. FIGHTER'S NAME: \_\_\_\_\_
2. PROMOTER'S NAME: : \_\_\_\_\_
3. PROMOTER'S PHONE CONTACT INFO: \_\_\_\_\_
4. EVENT DATE: \_\_\_\_/\_\_\_\_ 20\_\_\_\_
5. EVENT VENUE NAME: \_\_\_\_\_
6. EVENT CITY: \_\_\_\_\_ STATE/PROV: \_\_\_\_\_ COUNTRY: \_\_\_\_\_
7. PHYSICIANS EXPLANATION OF MEDICAL ISSUE OR NEEDS OF ATTENTION:  
\_\_\_\_\_  
\_\_\_\_\_
8. REQUIRE OR SUGGESTED MEDICAL TESTS: \_\_\_\_\_
9. PROMOTERS INSURANCE COMPANY \_\_\_\_\_
10. INSURANCE COMPANY CONTACT INFO: \_\_\_\_\_
11. INSURANCE POLICY NUMBER \_\_\_\_\_
12. Executed at \_\_\_\_\_ AM/PM, on this \_\_\_\_\_ day of \_\_\_\_\_, in the year 20\_\_\_\_
13. FIGHTERS PRINTED NAME: \_\_\_\_\_
14. FIGHTERS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_ 20\_\_\_\_
15. PROMOTERS PRINTED NAME: \_\_\_\_\_
16. PROMOTERS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_ 20\_\_\_\_
17. ISCF REPRESENTATIVES PRINTED NAME: \_\_\_\_\_
18. ISCF REPRESENTATIVES SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_ 20\_\_\_\_
19. EVENT MEDICAL DOCTORS PRINTED NAME: \_\_\_\_\_
20. EVENT MEDICAL DOCTORS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_ 20\_\_\_\_



ISCF - International Sport Combat Federation  
P. O. Box 1205, Newcastle, CA, 95658, 9250 Cypress Street, Newcastle, CA, 95658, USA  
(916) 663-2467, Fax: (916) 663-4510 or info@iscfmma.com - www.ISCFMMA.com

## ADVERTISING YOUR ISCF SANCTIONED EVENT

**DO NOT Advertise** Your Event Until you have been CONFIRMED as an **ISCF** Sanctioned Event on the ISCF Events Page. Doing so will result in a minimum fine of \$500.00 and could be more Depending upon the type of advertising that has been done.

### All **ISCF** Event Advertisement must be presented as follows;

- ALL EVENT ADVERTISING Must Identify the **ISCF** as the Official Event Sanctioning Body.
- This includes any and all advertising of your event.
- Failure to do so will VOID Official Sanctioning of your event.
- For details of such advertising please see the details below:

### WEB SITES

- ALL Web Sites used by the **ISCF** Sanctioned Event Promoter must have the **ISCF** logo and web address, linked directly to the **ISCF** Web Site at [www.ISCFMMA.com](http://www.ISCFMMA.com).
- **ISCF** Logos can be Found on the **ISCF** website.
- The **ISCF** Logo must be placed in a prominent position on the front page of the website and anywhere else the event is discussed which includes other news pages, bout line-up pages etc.
- The **ISCF** Logo must be large enough to be seen CLEARLY, which includes the **ISCF** Web Address - Address Listed as: [www.ISCFMMA.com](http://www.ISCFMMA.com)
- ALL Publicized **ISCF** Sanctioned titles must be noted as **ISCF** Titles.

### PRINT MEDIA

ALL "WRITTEN" Event Promotional Advertisements (e.g., Posters, Fliers, Hand Outs, Programs, Handbills, etc.) must have the Following on ALL OF THEM;

1. The Title: Sanctioned By The **ISCF**.
2. The Official **ISCF** SANCTIONING LOGO, Found (Right)
3. **ISCF** SANCTIONING LOGO, must be placed in the UPPER LEFT HAND CORNER of ALL Posters, Fliers, Hand Outs, Programs, Handbills, etc.
4. Logo must be large enough to be seen CLEARLY, which includes the ISCF Web Address - Address Listed as: [www.ISCFMMA.com](http://www.ISCFMMA.com)
5. ALL Publicized **ISCF** Sanctioned titles must be announced as **ISCF** Titles.



### VOICE AUDIO

ALL "VOICE" Advertisement Announcements (Radio Commercials or Any Audio Announcements etc.) must contain; The phrase "***This Event is Sanctioned by the ISCF - ISCFMMA.com.***" ALL Publicized **ISCF** Sanctioned titles must be announced as **ISCF** Titles.

### TV & VIDEO ANNOUNCEMENTS

All VIDEO and or TV Advertisements AS WELL AS A RE-AIRING OF ANY PRODUCTION of an **ISCF** Sanctioned Event must have;

- "***This Event is Sanctioned by the ISCF - ISCFMMA.com.***"
- ALL Announced **ISCF** Sanctioned titles must be announced as an **ISCF** Titles

### RING ANNOUNCER

At the beginning of each **ISCF** Sanctioned Event, you must announce;

- "***This Event Is Sanctioned by the ISCF - ISCFMMA.com.***"
- The Ring Announcer of an **ISCF** Sanctioned Event has the permission of the **ISCF** to use the Phrase "***Bring It On***" during the entire night of the ISCF Sanctioned event.

### COMMENTATORS

Commentators are respectfully requested to say "***This Event is Sanctioned by the ISCF - ISCFMMA.com.***" during the airing or taping/filming of an **ISCF** sanctioned bout. This does not need to be said all the time, but at least make an announcement of the **ISCF** Sanctioning.

The Commentators of an **ISCF** Sanctioned Event have the permission of the **ISCF** to use the Phrase "***Bring It On***" during the entire night of the ISCF Sanctioned event.

### PRODUCTION RIGHTS

- The **ISCF** has authorization to use ANY video, DVD, TV or film of ANY & ALL **ISCF** Sanctioned events for promotional or instructional purposes.

## ISCF MANDATORY EVENT INSURANCE

All **ISCF** Sanctioned Promoter's are liable for any medical costs of any injury sustained by any Fighter who is Fighting on the Promoters **ISCF** Sanctioned Event. To cover any such fighter medical expenses, the **ISCF** Sanctioned Promoter must have a minimum of \*\$2,500.00 coverage in fighter medical Insurance for his **ISCF** Sanctioned event.

(\*) Some States or Jurisdictions will require higher Insurance coverage for Fighter Medical Insurance so make sure as an event Promoter you know exactly how much coverage you should have for your event.

### **ISCF STRONGLY Recommends Promoters carry a higher amount of "Fighter Medical Insurance".**

- **ISCF** Event Promoter must provide proof of their fighter medical Insurance by faxing a cover page of their insurance to the **ISCF** Headquarters (916-663-4510) prior to their event.
  - **ISCF** Promoter must have all insurance coverage's, original paperwork available to show the **ISCF** Event Representative.
  - If Promoter has not faxed to the **ISCF** Headquarters a copy of "*Proof of Fighter Medical Insurance*" and or cannot show any proof of such insurance to the official **ISCF** Event Representative prior to the event, the event will be cancelled immediately by the **ISCF** Event Representative.
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**ISCF**

**International Sport Combat Federation**



**The ISCF Mission...**

*"Safety, Credibility, Fairness, Recognition, Support & Unification  
Of Fight Sports Around The World"*

**International Sport Combat Federation - ISCF**

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